

WHAT IS CLAIMED IS:

1. In microwave heatable fast food products including bread having inserted therein a cooked meat product, the improvement wherein the dough from which said bread is produced comprises wheat flour, at least a portion thereof being hard white wheat flour, yeast, rice koji and vitamin C, said dough being free from yeast food, potassium bromate and an emulsifier.

2. The fast food products according to Claim 1 wherein said wheat flour consists essentially of from 30 to 100 % of said hard white wheat flour and the balance of hard red wheat flour.

3. The fast food products according to Claim 2 wherein said dough contains a leavening effective amount of yeast, from 0.1 to 1.0 % by weight of the flour of rice koji and from 0.0005 to 0.05 % by weight of the flour of vitamin C.

4. The fast food products according to Claim 3 wherein said dough further contains appropriate amounts of sodium chloride, sugar, oil and fats and milk powder.

5. The fast food products according to Claim 1 wherein said dough is leavened, shaped and baked to obtain finished bread in the form of buns or rolls.

6. The fast food products according to Claim 1 packaged with a microwave heatable packaging material in a cooled, refrigerated or frozen state for storage or shipping.

7. A leavened dough for producing bread adapted for microwave heating together with a cooked meat product inserted therein comprising wheat flour consisting of from 30 to 100 % of hard white wheat flour and the balance of hard red wheat flour, a leavening effective amount of yeast, from 0.1 to 1.0 % by weight of the flour of rice koji and from 0.0005 to 0.05 % by weight of vitamin C, said dough formulation being free of yeast food, potassium bromate and an emulsifier.

8. The leavened dough according to Claim 7 further containing appropriate amounts of sodium chloride, sugar, oil and fats and milk powder.

9. The leavened dough according to Claim 7 in a refrigerated or frozen state for storing or shipping.

10. The leavened dough according to Claim 7 wherein the dough has been further processed into a semi-finished bread before completion of the final baking process in a refrigerated or frozen state for storing or shipping.

11. A flour premix for producing bread adapted for microwave heating together with a cooked meat product inserted therein consisting essentially of wheat flour containing from 30 to 70 % of hard white wheat flour and the balance of hard red wheat flour, from 0.1 to 1.0 % by weight the flour of rice koji, and from 0.0005 to 0.05 % by weight of vitamin C.

12. The flour premix according to Claim 11 further containing a leavening effective amount of yeast.